

FRONT POOL SCHEDULE

Fall/Winter 2025/26

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

5:30 AM		MASTERS SWIM 5:30 - 7:00		MASTERS SWIM 5:30 - 7:00			
6:30 AM							
7:00 AM							
7:30 AM							
8:30 AM	AQUAZUMBA 8:30 - 9:15 MARISA	AQUAFIT 8:30 - 9:25 LYDNER	AQUAFIT 8:30 - 9:25 CAROLYN S.	AQUA BOOTCAMP 8:30 - 9:25 CAROLYN S.	AQUAFIT 8:30 - 9:25 CAROLYN K.	AQUAFIT 8:30 - 9:25 CAROLYN S.	AQUAFIT 8:30 - 9:25 LYNDNER
9:30 AM						AQUAZUMBA 9:30 - 10:15 ELAYNE	THOREAU SWIM SCHOOL 9:30 - 11:00
10:30 AM			MASTERS SWIM 10:30 - 12:00		MASTERS SWIM 10:30 - 12:00	NOTES ● NO LAP SWIM AVAILABLE IN THE POOL DURING SHARKS HOME SWIM MEETS. SHARKS SWIM MEETS: 12/13/2025 HOME * 2:00 PM THOREAU VS LONGFELLOW 12/20/2025 AWAY * TIME TBD MYSTIC VALLEY INVITATIONAL 1/10/2026 HOME * 2:00 PM THOREAU VS SWYMFIT & HAYDEN 1/24/2026 HOME * 2:00 PM THOREAU VS WAYSIDE & WESTFORD 1/31/2026 AWAY * TIME TBD THOREAU @ MYSTIC VALLEY 2/7/2026 HOME * 2:00 PM THOREAU VS FLAHERTY 2/28/2026 AWAY * TIME TBD THOREAU @ WAYLAND 3/7/2026 AWAY * TIME TBD MWSL CHAMPIONSHIP MEET BOSTON UNIVERSITY	
12:00 PM							
2:30 PM							
4:30 PM		THOREAU SWIM SCHOOL 4:00 - 4:30	THOREAU SWIM SCHOOL 4:00 - 4:30		THOREAU SWIM SCHOOL 4:00 - 4:30		
5:00 PM				AQUAFIT 5:00 - 5:55 CAROLYN K.			
6:00 PM		SHARKS SWIM TEAM PRACTICE 5:00 - 8:30	SHARKS SWIM TEAM PRACTICE 5:00 - 8:30	 SHARKS SWIM TEAM PRACTICE 6:00 - 9:00	SHARKS SWIM TEAM PRACTICE 5:00 - 8:30		